Mid-Semester Check-in for First Year Parents

Hosted by the Parents’ Leadership Council
Agenda

Welcome and Opening Remarks
   Lyda Doyle, Director of Parent Programs

- Opening Prayer
  Bill Rickle, S.J.

- Presentation of Available Resources
  Moderated by Dr. Kim Allen Stuck, PhD
  Assistant Vice President of Student Success and Educational Support

- Presenters
  Kristen Goldberg, MS, Director of the Office of Learning Resources
  Beth Hagovsky, Ed.D., Director of Student Leadership & Activities
  Greg Nicholls, Ph.D. Director, Counseling and Psychological Services

- Q&A

- Conclusion
Opening Prayer

Bill Rickle, SJ, Ph.D.
Chaplain to the Athletic Department and Student Life
Success Center
Overview

Kristen Goldberg (B.A. ‘99, M.S. ‘06)
Director, Office of Learning Resources
Overview of the Success Center

- Aligning services to assist students to earn their SJU degree

- Student Transitions
- Student Success
- Office of Learning Resources - OLR
- Student Disability Services - SDS
- Athlete Center for Enrichment - ACE
“Every SJU student is fully capable of earning a degree from Saint Joseph’s University.”

(SJU Student Success website)

Helping students face obstacles:
- Academic concerns
- Emotional issues
- Social transition
- Health-related matters
- Family emergencies

Campus Resource Connections
2,160

Average number of hours your student will spend studying during their four years of college

The Office of Learning Resources is here to help them hone your skills to study more efficiently and effectively. We also empower them to make a smooth academic transition to SJU.
Percentage of incoming freshmen who used one of our peer support services in Fall 2019.

We are where strong students get stronger.
Peer Tutoring is entirely Zoom-based this fall.

- We run tutoring in 15 subjects and 60+ courses.
- Online scheduler: http://mywco.com/learning
Supplemental Instruction (SI)

SI is a group based course review program.

- SI Leaders sit in the classes alongside the freshmen
- SI Leaders use that information to plan and run two weekly review sessions.
- SI is open to all members of the class
Learning Strategy Consultations offer students the opportunity to meet one-on-one with a trained Learning Specialist.
College Transition Coaching

A dedicated coach meets weekly with students

- Set weekly day and time
- Coach partners with students to set, and work toward, goals
- Coaches are Master’s level educators
Kristen Goldberg
Director, Office of Learning Resources
kgoldber@sju.edu ~ 610.660.1778

Coleen Bennett
Coordinator of Tutoring and Learning Support
cbennett@sju.edu ~ 610.660.1846

sju.edu/learning
Instagram: @sjulearning
Student Leadership & Activities

Dr. Beth Hagovsky, Director
Foster Connections & Develop Sense of Belonging

- Fraternity & Sorority Life
- HawkFest/Family Weekend
- Hawk Hill Productions
- Orientation
- Student Organizations
- Student Workers/Student Spaces

Photo from Fall 2019
SLA by the Numbers:

- 90+ Student Orgs
- 5 Sororities
- 2 Fraternities
- 2000+ SEPTA Tickets
- 500 Regal/UA Tickets
- 2,000 Family Members at HawkFest
HAWK HILL PRODUCTIONS PRESENTS

VIRTUAL BIG MONEY BINGO

Wednesday, August 24th at 7:00 PM and 9:00 PM, online
Pre-registration required | Free
Tickets available on August 20th at sjutickets.com
"Zoom link provided to those registered!
Win great prizes and enjoy a great game!

hawkhillproductions@sju.edu

AN EVENING WITH
NICK FOLES

MONTON, SEPTEMBER 28TH - 7 PM

Moderated and live Q&A
Register at sjutickets.com by 3 PM on September 28th
Questions? sjia@sju.edu

Sponsored by Student Leadership and Activities

Hawk Hill Productions brings you...

JOHN MULANEY

A funny, memorable, and virtual Q&A with the amazing, John Mulaney
(Or collaboration with Loyola, Maryland)

SEPTEMBER 12TH 2020
8PM

FREE STUDENT TICKETS AVAILABLE AT SJUTICKETS.COM
THURSDAY, SEPTEMBER 3RD AT NOON

hawkhillproductions@sju.edu

HAWKTOBERFEST

Celebrate with fun fall activities and your own fall basket!
Friday, October 2nd
6-9 PM
on Maguire Wellington Lawn
hawkhillproductions@sju.edu

Pumpkin patch, apple cider doughnuts, other fall snacks, and fun Halloween activities "while supplies last"

Hawk Hill Productions

LOOKING FOR SOME COMPANY DURING TIMES OF SOCIAL DISTANCING? A SUCCULENT IS THE PERFECT SOLUTION!

Sunday, September 6th | 1-4 PM | Campion Courtyard
FREE!
Tickets can be reserved at sjutickets.com on 8/31 at noon

hawkhillproductions@sju.edu

Saint Joseph's University
Beth Hagovsky, Director
610-660-1072
bhagovsk@sju.edu

Megan Azzalina, Asst. Director
610-660-1071
mazzalin@sju.edu
Counseling and Psychological Services “CAPS”

A Comprehensive Counseling Service for SJU Students

Greg Nicholls, Ph.D. - Director
Counseling and Psychological Services Staff

- 6 licensed mental health professionals (including a substance abuse specialist)
- A diverse group of pre and post doctoral level trainees
- A part-time consulting psychiatrist
  works exclusively with students in counseling at CAPS
CAPS Services - Fall ’20

90% Tele-Mental-Health

- Individual Counseling via a Secure Version of Zoom
- Drop-in Groups/Workshops – Meditation/Coping Skills/Procrastination
- Psychiatry – Limited service for CAPS student clients
- Consultation – for Parents, Faculty, Staff & Students
  - Customized Mental Health Screening Program
- Social Media Presence
- 24/7 Availability for Urgent/Emergent Student Mental Health Concerns
Participating in Counseling Positively Impacts Academic Performance and Retention

• Each year up to 50% of CAPS clients report that “counseling supported their continued enrollment at Saint Joseph’s University.”

• Each year up to 45% of CAPS clients report that “counseling was helpful for improving or maintaining my academic performance.”
Mindful Mondays
Drop-in Mindfulness Meditation

Mondays 11:30 to 12 noon
no experience necessary
Led by Greg Nicholls: Counseling & Psychological Services
CAPS Location
Main Office:
Merion Gardens, Suite A504

Remote Service - Telehealth Counseling
By appointment 8:30am-5pm M-F

Drop-in Counseling via Phone & Zoom
No Appointment Necessary
11-12:30 & 3-4, M - F
CAPS Contact Information

GREGORY K. NICHOLLS, PH.D. - DIRECTOR

610-660-1090, GNICHOLL@SJU.EDU

WWW.SJU.EDU/COUNSELING
Spring 2021
Course Registration Info

- Classes will be offered in multiple modalities
  - Students will know these prior to registering
  - Registration begins 11/9/20
- Students wishing to go 100% remote may complete a Remote Learning Request Form
  - Due by 10/15/20
- For questions, use the Hawk Hill Ready Contact Form
Spring 2021
Academic Calendar Info

- Tuesday 1/19/21
  - Classes begin
- Tuesday 2/16 and Wednesday 3/24 -
  - Reading days (no classes held)
- Friday 4/2-Monday 4/5 -
  - Holiday weekend (no day classes Friday/Monday)
- Monday 5/3-Saturday 5/8/20 -
  - Finals week
Questions